

- Bike
 - Bike is clean with clean and lubed drive chain
 - Fresh Tire Sealant in the tires
 - For Electronic shifting, derailleur batteries are charged, and shifter batteries are fresh (green)
 - Brake pads are not worn and do not rub
 - Shifting is smooth in all gears
- Twist ties so you can attach your race plate
- Cash
- Spare tube and tube change kit (CO2/pump, tire levers)
- Multi-tool, including a chain tool
- Appropriate chain quick link
- Spare charged derailleur and shifter batteries if electronic shifting
- Water bottles (2-3) or hydration pack (label water bottles with your name for Feed Zone hand offs)
- Energy snacks for before, during and after the race
- ANSI approved helmet
- Cycling shoes
- Cycling gloves
- Clean Team Kit with arm and leg warmers
- Long Sleeve thermal t-shirt to wear under jersey if cold
- Eyewear
- Light weight jacket
- Rain Jacket
- Winter coat
- Hat
- Warm gloves for cool morning.
- Team Hoodie (Mark the inside with your name)
- Cycling socks (2) pair
- Second set of cycling clothes for pre-ride
- Clean change of clothes for the ride home
- Plastic garbage bag for muddy clothes
- Towel
- Pre- and post-race clothing includes Hat, jacket. The mornings can be cold in the mountains.
- Folding Chairs for Pit Area